

**MASTER OF ARTS DEGREE PLAN**  
**Human Performance and Physical Education (HPPE) - LIBERAL ARTS**  
**Exercise Science Emphasis**

Name \_\_\_\_\_ Date \_\_\_\_\_

Number of Semester Hours Transfer Credit (list on reverse): \_\_\_\_\_

<b>REQUIRED CORE</b>		TERM/YR	GRADE	SEM HRS	TOTAL HRS
HPPE 503	Introduction to Research	_____	_____	3	
HPPE 543	Measurement/Evaluation	_____	_____	3	
HPPE 580	Field Study	_____	_____	3	
HPPE 585	Practicum	_____	_____	3	<b>12</b>

**EXERCISE SCIENCE**

HPPE 529	Physiology of Exercise	_____	_____	3	
HPPE 530	HP Laboratory Internship	_____	_____	3	
HPPE 536	Sports & Exercise Psych	_____	_____	3	
OR					
HPPE 538	Soc. Aspects Sport/PE	_____	_____	3	
HPPE 540	Biomechanics	_____	_____	3	
HPPE 545	Exercise & Sport Nutrition	_____	_____	3	
HPPE 591	Thesis Proposal**	_____	_____	3	
HPPE 593	Master's Thesis **	_____	_____	3	
	Elective in HPPE	_____	_____	3	<b>24</b>

**\*\* Those students not writing a thesis must take 6 credit hours of electives (any 500 level courses with the approval of advisor)**

**MINIMUM PROGRAM HOURS                      36**

- (a) Substitutions may be made with the approval of the department chair. Any substitutions must be filed on appropriate forms.
- (b) Students have the option of completing 6 additional hours and taking comprehensive exams as a culminating activity in lieu of completing HPPE 591 and 593 Master's Thesis.

Contemplated time to receive the M.A. Degree (semester) \_\_\_\_\_ (year) \_\_\_\_\_

Completed Degree Plan (submission with graduation application) \_\_\_\_\_ Date \_\_\_\_\_

Advisor Signature \_\_\_\_\_ Date \_\_\_\_\_

Department Chair Signature \_\_\_\_\_ Date \_\_\_\_\_

*Transfer Credit Request* – If you have completed graduate courses at other colleges or universities that you wish to have considered as meeting degree requirements from Adams State College, please list courses below. It is the responsibility of the student for having official transcripts from the colleges mailed to the Adams State College Graduate Office. **A maximum of six (6) semester hours may be transferred from accredited institutions.**

Date	Course #	Title	Institution	Credit	Grade
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Your adviser will initial the courses accepted from above and show the number of transfer hours accepted toward the M.A. degree on the reverse side of this sheet.